

A. CV – TOMMASO SCIARRA MD



Tommaso Sciarra MD

SPECIALIST IN PRM

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1. Academic Qualifications

Graduated in Medical Studies at Tor Vergata University in Rome in 2002.

Specialization exam, cum Laude, in Physical Medicine and Rehabilitation at Tor Vergata University finished in 2006.

UEMS PRM Board Certification 2009.

Master degree in Principles and Practice of Clinical Research 2009. Collaborative and Distance Learning Program in Clinical Research, scholars in Clinical Science Program & Department of continuing Educations Harvard Medical School.

PhD training in “Advanced Technology in Rehabilitation Medicine” at Tor Vergata University Rome, Italy since 2006.

2. Professional and teaching activities/posts held since specialist qualification

Teaching assistant at Proficiency course in “Hyperthermia in Rehabilitation Medicine”, Tor Vergata University 2006.

Lecturer at Faculty of Motor Sciences in “Physical Therapy”, Cassino University 2006/2007

Lecturer at Faculty of Motor Sciences at Tor Vergata University 2006-2007 in “Physical Therapy” and “Management of uroginecological disabilities in Rehabilitation Medicine” since 2006.

Mentor at Faculty of Motor Sciences at Cassino University in “Urogynaecological disabilities in sports athletes” in 2007.

Lecturer at the 1st level Master at Faculty of Motor Science in “Physical Therapy”, Tor Vergata University 2006/2007

Lecturer at Faculty of Orthosis & Prosthesis at Jordan University in Amman in “Orthosis and Prosthesis I” since 2008.

Lecturer at Faculty of Physiotherapy at Jordan University in Amman in “Lower and Upper Extremities prosthetics I and II” since 2008.

Teaching assistant at Proficiency course in “Pelvic floor Rehabilitation” - Tor Vergata University since 2007.

Mentor of Residency Program trainees since 2008.

3. National and International Scientific Society assignment:

International Society of Physical and Rehabilitation Medicine -ISPRM - **member**

Mediterranean Forum of Physical and Rehabilitation Medicine -MFPRM- **member**

European Society in Physical and Rehabilitation Medicine -ESPRM- **international activities committee advisor**

Italian Society in Physical and Rehabilitation Medicine -SIMFER- **international activities committee advisor**

Italian Society in Physical and Rehabilitation Medicine -SIMFER- **editorial board website member**

4. Teaching activity of PRM trainees:

PRM postgraduate education and **residency training** education during PRM specialization.

Workshops during the “III Rome International Meeting in Rehabilitation Medicine” on “vibratory energy in Sport” and “vibratory energy in Physical therapy” under the patronage of ISPRM, ESPRM, SIMFER and European Weightlifting Federation in Rome 2009 September.

5. Continuing Training

a) Main courses and congresses attended during the last 10 years

1. XXIX National Congress in Physical and Rehabilitation Medicine, Rome, Italy, 2001.
2. XXXI National Congress in Physical and Rehabilitation Medicine, Verona, Italy, 2003 October.
3. Course on “Surfacing EMG”, Tor Vergata University, Rome, 2003.
4. XXXII National Congress in Physical and Rehabilitation Medicine, Chieti, Italy, 2004.
5. Course on “Intraarticular Injection”, Tor Vergata University, Rome, Italy, 2004.
6. “La tossina botulinica in medicina riabilitativa” l’Accademia Lancisiana. Rome, Italy, 2004, June.
7. “Medicina Riabilitativa: disciplina medica o sociale?” presso Villa Mondragone – Monte Porzio Catone, Rome, Italy 2004, July.
8. Plenary lecture “Outcome in Riabilitazione nella persona mielolesa”. Prof. J. F. Ditunno, Centro Paraplegici Ostia, Italy. 2004 November.
9. “Linee guida ed EBM in Riabilitazione. Linee guida internazionali a confronto con i protagonisti della Riabilitazione” presso il Complesso dell’Angelicum – Rome, Italy. 2004 December.
10. “Aspetti Riabilitativi in Ortopedia e Traumatologia”, Villa Mondragone, Monteporzio Catone-Rome, Italy. 2005 May
11. Course “I disturbi dell’equilibrio in clinica della Riabilitazione” – Riccione, Italy. 2005 May
12. XXXIII National Congress in Physical and Rehabilitation Medicine, Catania, Italy, 2005 November.
13. 3rd ISPRM World Congress, Sao Paolo, Brasil, 2005 April.
14. Course on “Musculoskeletal Ultrasound”. Bologna University, 2005 .
15. Course: “XXX Corso didattico di Medicina Manuale” (Manual Medicine) S.I.M.F.E.R. Sezione di Medicina Manuale (Prof. Cossu, Prof. Maigne, Prof. Gimigliano). Milan, November, 10-12, 2005.
16. XXXIV National Congress in Physical and Rehabilitation Medicine, Florence, Italy, 2006 June.
17. 6th MFPRM Congress, Algarve, Portugal, 2006 October.
18. Course: “XXXI Corso didattico di Medicina Manuale” (Manual Medicine) S.I.M.F.E.R. Sezione di Medicina Manuale (Prof. Cossu, Prof. Maigne, Prof. Gimigliano). Milan, November, 10-12, 2006.
19. XXXV National Congress in Physical and Rehabilitation Medicine, S. Benedetto, Italy 2007 October.
20. 4th ISPRM World Congress, Seoul, Corea, 2007 June.
21. 2nd Rome International Meeting In Rehabilitation Medicine, Rome, 2007 October.

22. XXXVI National Congress in Physical and Rehabilitation Medicine, Rome, Italy 2008 November.
23. 7th MFPRM Congress, Portorose, Slovenia, 2008 September.
24. XXXVII National Congress in Physical and Rehabilitation Medicine, Campobasso, Italy, 2009 September.
25. 4th ISPRM World Congress, Istanbul, Turkey, 2009 June.
26. 3rd Rome International Meeting In Rehabilitation Medicine, Rome, Italy, 2009 September.

6. Scientific work

Oral Presentation:

"Use of tens for the treatment of acute pain in periungueal ipercheratosis"; IV Mediterranean Congress of Physical and Rehabilitation Medicine 2003.

"Efficacy of training in copd patiens"; oral paper presentation III World Congress ISPRM Sao Paulo Brasil 2005.

"New plantar orthosis with acoustic biofeedback in diabetic child affected by right emiparesis"; best oral presentation Smith 2005 17 International conference Naples Italy.

"Education & research in physical medicine in Lybia" 6th Mediterranean Congress of PRM Algarve Portugal 2006.

"Nuova progettazione di ortesi plantare a biofeedback acustico in giovane emiparetica destra diabetica" Italian national congress of Physical and Rehabilitation Medicine, Florence 2006.

"Gestione del paziente cateterizzato in un reparto di rieducazione motoria post acuzie", XXXV Italian national congress of Physical and Rehabilitation Medicine, SIMFER S.Benedetto del Tronto, Italy 2007.

"Effects of whole body vibration on intraocular pressure: a new research protocol" International Meeting on Rehabilitation Medicine "Tor Vergata University, Rome 2007.

"Mesotherapy, therapeutical exercise in neck pain" 7th Mediterranean Congress on Physical and Rehabilitation Medicine, Portorose Slovenia 2008.

Poster Presentation:

"Rehabilitation project in surgical patients after removal of the right rectus abdominis muscles"; III World Congress Sao Paulo Brasil 2005.

"Valutazione della ripresa funzionale e dell'andamento del dolore in pazienti sottoposti ad intervento di protesi totale di ginocchio e successivi cicli di elettroanalgesia"; Italian national congress of Physical and Rehabilitation Medicine 2005.

"Trattamento della sindrome da iperattività nella malattia demielinizzante" Italian national congress of Physical and Rehabilitation Medicine, Florence 2006.

"L'esercizio terapeutico nei pazienti operati di artroprotesi d'anca", XXXV Italian national congress of Physical and Rehabilitation Medicine SIMFER, S.Benedetto del Tronto 2007.

"Management of a catheterized patient in a post acute rehabilitation department", poster presentation IV World Congress ISPRM, Seoul Corea 2007.

Seminar: "Urogynaecological disabilities"-ICARS Project. Tor Vergata University, Rome, Italy. 2008 November.

Coauthor in the Chapter:

Sciarra T, Ljoka C, Foti C. Disabilità uroginecologica e sport. in : Foti C, editor. Compendio di Medicina Riabilitativa .Per i corsi di Laurea in Scienze Motorie. Rome: Società Editrice Universo;2006. p. 63-70.

Sciarra T "Mezzi Fisici". in: Foti C, Caruso I, editors. La Medicina Riabilitativa. Rome: Società Editrice Universo;2008.p.

7. International publications during the last 10 years

1. **Sciarra T**, Ljoka C, Della Bella G, Mugnaini S, Foti C. New plantar orthosis with acousticbiofeedback in diabetic child affected by right hemiparesis. Minimally Invasive Therapy. 2005; Volume 14 Number 4-5 ISSN 1364-5706

8. National publications during the last 10 years

1. Ljoka C, Siri E, **Sciarra T**, Foti C, Caruso I. Definizione dei dati normativi per la curva di Bawens dell'esame elettrodiagnostico: studio sperimentale. Eur Med Phys. 2001;37(suppl 1 to no 3):76-77

1. Gentili S, Rocco A, Siri E, Ljoka C, **Sciarra T**, Foti C. Applicatori induttivi ad onde corte nel trattamento ipertermico rieducativo della spalla dolorosa. Eur Med Phys. 2003;39(suppl 1 to no3):799-801.

2. Chiappano G, Felicetti G, Brignoli E, **Sciarra T**, Maini M, Giustini A. Valutazione della ripresa funzionale e dell'andamento del dolore in pazienti sottoposti ad intervento di protesi totale di ginocchio e successivi cicli di elettroanalgesia"; Eur Med Phys. 2005;41(suppl 1 to no 4):603-6

3. Ljoka C, **Sciarra T**, Della Bella G, Mugnaini S, Foti C. Nuova progettazione di ortesi plantare a biofeedback acustico in giovane diabetica emiparetica destra. Eur Med Phys. 2006;42(suppl. 1 to no. 2):1135-6.
4. Siri E, Sanzone F, **Sciarra T**, Carcelli L, Di Salvo A, Foti C et al. Trattamento della sindrome da iperattività nella malattia demielinizzante: caso clinico. Eurmed Phys. 2006;42(suppl 1 to no 3):291-2.
5. Nigito C, Spagna M, Sova I, Battisti A, Sciarra T, Specchia A. Le infiltrazioni eco guidate nel progetto riabilitativo. Eur Med Phys. 2006;42(suppl 1 to no 2):331-2
6. **Sciarra T**, Paniccia C, Ciotti C, Cimatti A, Foti C. Mesoterapia Antalgica versus esercizio terapeutico nel trattamento del dolore cervicale cronico. Eurmed Phys. 2008;44(suppl 1 to no 3):p1