

A. CV – GESSICA DELLA BELLA MD



Gessica Della Bella MD

SPECIALIST IN PRM

born November 10, 1969, Rome, Italy

Mailing Address: Via Solarussa 12, Aranova 00050, Rome, Italy.

Tor Vergata University, PRM Chair, Rome, Italy.

e-mail: della.bella@med.uniroma2.it

mob. tel. + 39335 240 262

1. Academic Qualifications

Graduated in Medical Studies at Tor Vergata University, Rome October 2002

Specialization exam in Physical Medicine and Rehabilitation at University of Rome “Tor Vergata”, Italy, cum laude, November 18, 2006

Certificate of Achievement-Observer-Visiting Scholar Division of Child Development and Rehabilitation Medicine April 5, May 8, 2006 The Children’s Hospital of Philadelphia

Master degree in Principles and Practice of Clinical Research 2009, Collaborative and Distance Learning Program in clinical Research, Scholars in Clinical Science Program & Department of continuing Educations Harvard Medical School

UEMS PRM Board certification 2009

Ph.D program: Advanced Technology in Rehabilitation Medicine, Rome Tor Vergata University since 2006

2. Professional and teaching activities/posts held since specialist qualification

Teaching assistant at Proficiency course in “Hyperthermia in Rehabilitation Medicine” - Tor Vergata University 2006

Lecturer at Faculty of Motor Sciences at Cassino University 2006-2007 in “Physical Therapy

Lecturer at Faculty of Motor Sciences at Tor Vergata University 2006-2007 in Neurological Disabilities and Sport Therapy

Lecturer at Faculty of Physiotherapy at Jordan University in Amman in “Musculoskeletal Disorders” and Cardiopulmonary since 2008 , International Cooperation- ICARS Project

Mentor of Residency Program trainees since 2008

Coordinator course ESA, Physical and Rehabilitation Medicine, Distance – Learning Program IAD Tor Vergata University, Rome Since 2008

Tutor Master RIA e RRA Distance Learning Program IAD Tor Vergata University, Rome

Lecturer at Faculty of Orthosis & Prosthesis at Jordan University in Amman in “foot deformities” December 2009

3. National and International Scientific Society assignment:

International Society of Physical and Rehabilitation Medicine -ISPRM - **Member**

Mediterranean Forum of Physical and Rehabilitation Medicine "MFPRM" - **Member**

European Society of Physical and Rehabilitation Medicine (ESPRM) - **International Activities committee advisor**

Italian Society of physical and rehabilitation medicine“ SIMFER) - **international activities Secretary**

4. Teaching activity of PRM trainees:

PRM postgraduate education and **residency training** education during PRM specialization

5. Continuing Training

a) Main courses and congresses attended during the last 10 years

1. Course: Elettromiografia di superficie – aspetti metodologici e applicazioni cliniche in Medicina Riabilitativa, presso la Fondazione Don C. Gnocchi Onlus centro “S. Maria della Pace” – Rome, 3-5 April, 2003
2. Seminar “La tossina botulinica in medicina riabilitativa” presso l’Accademia Lancisiana – Rome, 22 June, 2004
3. Course: “Linee Guida e Medicina basata sull’evidenza in Riabilitazione” - Rome, Italy 5-6 December, 2005
4. 3rd World Congress of the ISPRM-Sao Paulo, Brazil, 10-14 April, 2005
5. Incontri Nazionali di Aggiornamento "Disfunzioni Vescico-Sfintero Perineali" - Riccione, 25-27 May, 2006
6. XXXIV Congresso Nazionale S.I.M.F.E.R. - Florence, 4-8 June, 2006
7. 6th Mediterranean congress of PRM Villamoura, Algarve, Portugal, 18-21 October, 2006
8. Euro-Mediterranean PM&R School - Syracuse, Italy, 20-24 November, 2006
9. 4th World Congress of the ISPRM - Seoul, Korea, 10-14 June, 2007
10. XXXV Congresso Nazionale SIMFER, I Criteri di Appropriatezza In Medicina Riabilitativa, San Benedetto Del Tronto, Italy, 10-13 October, 2007
11. International Meeting on Rehabilitation Medicine, Rome, Italy, 2007
12. International focus on stroke” – Milan, 2007
13. 6th Mediterranean Congress Physical and Rehabilitation Medicine - Portorose, Slovenia, 18-21 September, 2008
14. XXXVI Congresso Nazionale SIMFER Humana Fabrica Palazzo dei Congressi - Rome, 16-20 November, 2008
15. 25th International Jerusalem Symposium on Sports Medicine - Israel, 28-29 January, 2009
16. 6th World Congress of the ISPRM - Istanbul, Turkey, June, 2009
17. III Rome International Meeting on Rehabilitation Medicine-Focus on Vibration Energy (Rimorm) - Rome, Italy, 9-11 September, 2009

6. Scientific work

Oral Presentation:

"Antalgic Electrostimulation In The Treatment of the Knee Degenerative Osteoarthritis; 3° World Congress of the ISPRM - Sao Paulo, Brazil,10-14 April 2005:

“Elettroterapia Antalgica Nel Trattamento Delle Gonalgie". XXXIV Congresso Nazionale. S.I.M.F.E.R. - Florence, 4-8 June, 2006,

“Preliminary study on the effect of TECAR therapy on hemiplegic shoulder syndrome” 6th Mediterranean congress of PRM - Villamoura, Algarve, Portugal, 18-21 October, 2006

“L’Efficacia della TECAR Terapia nella Spalla Dolorosa dell’Emiplegico”. XXXV Congresso Nazionale SIMFER, I Criteri di Appropriatezza In Medicina Riabilitativa - San Benedetto del Tronto, Italy, 10-13 October, 2007

“Ipertermia vs Trazione Lombare Attiva nel Trattamento del dolore lombare”. 20 Novembre Sessione Fisioterapia Strumentale XXXVI National Congress SIMFER Humana Fabbrica Palazzo dei Congressi - Rome, Italy, 16-20 November, 2008

“Epidemiology of Injuries and Illnesses in America’s Cup 2004/2007 Yacht Racing Sailing Team”. 25th International Jerusalem Symposium on Sports Medicine - Israel, 27-28 January, 2009

Poster presentation:

“Efficacy Evaluation Of Treatment Of "Hemiplegic Shoulder Pain" With Capacitive And Resistive Energy Transfer Therapy 4th World Congress of the ISPRM-Seoul, Korea, 10-14 June, 2007

“The effectiveness of therapeutic exercise vs plantar orthosis in child flatfoot “. 6th World Congress of the ISPRM - Istanbul, Turkey, June, 2009

Chair Sessione Internazionale 19 Novembre 2008 XXXVI Congresso Nazionale SIMFER Humana Fabbrica Palazzo dei Congressi - Rome, Italy, 16-20 November, 2008.

Seminar “Cerebral Palsy Rehabilitation” ICARS Project - Tor Vergata University - Rome, Italy, 5 June, 2008

Coauthor in the Chapter:

Della Bella G, Disabilità Neurologiche. In: Foti C Editor. Compendio per scienze motorie. Rome: Società Editrice Universo, 2006.

Foti C, Ljoka C, Della Bella G. Le Ortesi. In: Valobra GN, Gatto R, Monticone M Editors. Nuovo Trattato di Medicina Fisica e Riabilitazione Tecniche –Torino: UTET, 2008

Della Bella G. “Disabilità Neurologiche e Sport”. In Caruso I, Foti C. Editors. La Medicina Riabilitativa Roma: Società Editrice Universo, 2009

7. International publications

- Sciarra T, Lioka C, **Della Bella G**, Mugnaini S, Foti C. New Plantar Orthosis With Acoustic Biofeedback In Diabetic Child Affected By Right Hemiparesis. Minimally Invasive Therapy And Allied Technologies. 2005;14 (4-5): 328 issn1364-5706
- Ljoka C, **Della Bella G**, Carcelli L, Maugeri E, Giordani L, Foti C. Preliminary study on the effect of the vibratory therapeutic exercise of non-union fracture. Eur Med Phys. 2006; 42 (1-3): 105
- Damiani C, Paniccia C, Bestavashvili L, Dell'Armi V, Berardi A, **Della Bella G**, Foti C. The effectiveness of therapeutic exercise vs plantar orthosis in child flatfoot
Book of abstract 6th World Congress of the ISPRM-Istanbul, Turkey, June 2009

8. National publications

1. Nigito C, Spagna M, Sova I, Battisti A, Sciarra T, Specchia A, **Della Bella G**. Le Infiltrazioni Ecoguidate nel Progetto Riabilitativo. Eur Med Phys. 2006; 42(2 Suppl. 1):331-2
2. Ljoka C, Sciarra T, **Della Bella G**, Mugnaini S, Foti C. Nuova Progettazione Di Ortesi Plantare Biofeedback Acustico in giovane Diabetica Emiparetica Destra. Eur Med Phys. 2006; 42(2 Suppl. 1):1135-6
3. Carcelli L, Berardi A, Sallì M, **Della Bella G**, Astiata W, Foti C. Elettroterapia Antalgica nel Trattamento delle Gonalgie. Eur Med Phys. 2006;42(2 Suppl. 1):429-31
4. Ljoka C, Listrani A, **Della Bella G**, Magni E, Foti C. Mesoterapia Antalgica e Rachialgie. Eur Med Phys. 2006; 42(2 Suppl. 1):1043-6