

EUROPEAN
CURRICULUM VITAE



PERSONAL INFORMATION

Name **GESSICA DELLA BELLA, MD,PH.D**
PHYSICIAN
SPECIALIST IN PHYSICAL AND REHABILITATION MEDICINE
Address **Via SOLARUSSA 12, 00050, ARANOVA, ROMA ITALY**
Telephone **+39335240262**
Fax **+39066675005**
E-mail **Gessica.dellabella@opbg.net; della.bella@med.uniroma2.it**

Nationality **ITALY**
Date of birth **10/ 11/ 1969**

ASSOCIATIONS

From 2007 **MEMBER OF ITALIAN SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE" (SIMFER):**
"INTERNATIONAL ACTIVITIES" COMMITTEE ADVISOR
2007 **MEMBER OF EUROPEAN SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE (ESPRM):**
"INTERNATIONAL ACTIVITIES" COMMITTEE ADVISOR
2007 **MEMBER OF "MEDITERRANEAN FORUM OF PHYSICAL AND REHABILITATION**
MEDICINE" (MFPRM) – MEMBER

DIDACTICAL ASSIGNMENT

- ✓ **October 2011 Euro-Mediterranean PM&R School, "Haim ring" Syracuse, E.M.R.S.S. Italy 24 – 28 Lecture: Botulinum Toxin: possible local treatment in hereditary spastic paraplegia**
- ✓ **2008/2009, 2009/2010, 2010/2011, 2011/2012 Tutor course ESA, Physical and Rehabilitation Medicine, Distance – Learning Program IAD Tor Vergata University, Rome**
- ✓ **2008 /2009, 2009/2010, 2010/2011, 2011/2012 Tutor Master RIA e RRA Distance Learning Program IAD Tor Vergata University, Rome**
- ✓ **PRM postgraduate education and residency training education during PRM specialization**
- ✓ **December 2009, March 2010 Lecture on "foot deformities" at Faculty of Orthosis & Prosthesis - Jordan University in Amman**
- ✓ **June 5th 2008 Lecture on "Cerebral Palsy rehabilitation" within International Cooperation ICARS Project at Università degli studi di Roma Tor Vergata Rome,**
- ✓ **February 2008 Lecture on "Musculoskeletal Disorders and Cardiopulmonary" within International Cooperation- ICARS Project at Faculty of Physiotherapy - Jordan University in Amman,**
- ✓ **2006-2007 Lecture on "Physical Therapy at Faculty of Motor Sciences - Cassino University, Italy**
- ✓ **2006-2007 Lecture on "Neurological Disabilities and Sport Therapy" at Faculty of Motor Sciences - Tor Vergata University of Rome**

WORK EXPERIENCE

- 2009-till today

• Name and address of employer

• Type of business or sector

• Occupation or position held

• Main activities and responsibilities

BAMBINO GESU' Children's Hospital

Via Torre di Palidoro Passoscuro Fiumicino 00050 Rome Italy

Paediatric Neurorehabilitation Unit (head Enrico Castelli)- Neurorehabilitation and Neuroscience Department (Director Federico Vigevano)

PHYSIATRIST

Clinical activity in patients in developmental age with CP, TBI and congenital and acquired neurological and orthopedic disabilities. Expertise in BOTULINUM TOXIN INJECTION in overactivity syndrome.

• Name and address of employer

• Type of business or sector

• Occupation or position held

• Main activities and responsibilities

RIFI Fiumicino Rome Italy

REHABILITATION CENTRE

CHIEF of REHABILITATION TEAM

Clinical activity in pediatric and adult disabilities

• From 2006 - 2010

• Name and address of employer

• Occupation or position held

• Main activities and responsibilities

Tor Vergata Hospital, Rehabilitative Medicine (Director, Full Professor Calogero Foti), Viale Oxford 80.00100 Rome Italy

PhD student

Clinical activity

Management of spasticity with Botulinum Toxin

EDUCATION AND TRAINING

- 2006-2009

• Name and type of organisation providing education and training

• Principal subjects/occupational skills covered

2009

• Name and type of organisation providing education and training

• Principal subjects/occupational skills covered

- 2009 March - October

• Name and type of organisation providing education and training

• Principal subjects/occupational skills covered

- 2002 - 2006

• Name and type of organization providing education and training

• Principal subjects/occupational skills covered

Ph.D TRAINING IN "ADVANCED TECHNOLOGY IN REHABILITATION MEDICINE" "TOR VERGATA UNIVERSITY" OF ROME

management of neurological disabilities;

UEMS PRM Board certification 2009

Scholars in Clinical Science Program & Department of continuing Educations Harvard Medical School at Tor Vergata University in Rome Italy

Principles and Practice of Clinical Research 2009, Collaborative and Distance Learning Program in clinical Research

SPECIALIZATION IN "PHYSICAL AND REHABILITATION MEDICINE" "TOR VERGATA" UNIVERSITY ROME

PROFESSIONAL SKILLS: biomechanical evaluation; isoinertial, isotonic and isometric evaluation by s-emg; stabilometric and baropodometric evaluation; electrodiagnosis; mesotherapy and intrarticular injection; pain management; physical therapy;; prosthesis, orthosis and prosthetics prescription; occupational therapy; speech therapy ;TBI; spine disorders

• Title of qualification awarded-2006

• Title of qualification awarded-2006

• Title of qualification awarded-2010

2002

• Name and type of organisation providing education and training

• Principal subjects/occupational skills covered

• Title of qualification awarded

• 1983 to 1988

• Name and type of organisation providing education and training

• Title of qualification awarded

PERSONAL SKILLS AND COMPETENCES

MOTHER TONGUE

OTHER LANGUAGES

• Reading skills

• Writing skills

• Verbal skills

PROFESSIONAL COURSES

Certificate of Achievement-Observer-Visiting Scholar Division of Child Development and Rehabilitation Medicine April 5, May 8, 2006 at The Children's Hospital of Philadelphia, USA

SPECIALIZATION IN PHYSICAL AND REHABILITATION MEDICINE Tor Vergata University, Rome, Italy 50/50 cum laude

Ph.D in Advanced technology and Rehabilitation Medicine Tor Vergata University, ROME, ITALY

FACULTY OF MEDICINE "TOR VERGATA" UNIVERSITY ROME

INTERNSHIP - PHYSICAL AND REHABILITATION MEDICINE

MEDICAL LICENSURE with 108/110

"TACITO HIGH SCHOOL - *Humanistic and classic studies- in Rome*

DIPLOMA

ITALIAN

ENGLISH

Good

Good

Good

- ✓ Corso ECM Le scoliosi nelle disabilità neuromotorie: paralisi cerebrali infantili, malattie neuromuscolari, spina bifida, San Lazzaro di Savena BO 12-13 Dicembre 2011
- ✓ Retraining Esecutore Sanitario PBLs-D, irccso PSEDALE Pediatrico Bambino Gesù sede Palidoro, 16 Giugno 2011
- ✓ La Farmacovigilanza in ambito pediatrico: perchè come quando segnalare le reazioni avverse da farmaci; Opsedale Pediatrico Bambino Gesù sede Roma 30 Maggio, 2011
- ✓ Euromediterranean PRM School Syracuse, E.M.R.S.S. Haim Ring "Syracuse 19 - 21 Aprile 2010, MANAGEMENT IN RIABILITAZIONE
- ✓ "International focus on stroke" Milan 2007
- ✓ Euro-Mediterranean PM&R School, Syracuse, E.M.R.S.S. Italy 20 - 24 November 2006
- ✓ "Linee Guida e Medicina basata sull'evidenza in Riabilitazione". Rome, Italy December 5-6, 2005
- ✓ Seminar "La tossina botulinica in medicina riabilitativa" presso l'Accademia Lancisiana di Roma June 22, 2004:
- ✓ "Intraarticular injection" "Tor Vergata" University 2004
- ✓ Surfacing EMG in Rehabilitation Medicine Rome 2003

partial list of oral presentations

- ✓ XXXIX° Congresso Nazionale SIMFER - Reggio Calabria 16-19 ottobre 2011- SESSIONE ETÀ EVOLUTIVA: LA PRESA IN CURA DELLE PERSONE CON SPASTICITÀ NELLE DISABILITÀ NEUROMOTORIE DELL'ETÀ EVOLUTIVA
Tecnologie Innovative nell'analisi della spasticità e delle distonie
- ✓ 17 PRM EUROPEAN CONGRESS; 38° CONGRESSO NAZIONALE European Rehabilitation: Quality, Evidence, Efficacy, and Effectiveness
-Chairman Venice 23-27 May 2010
- ✓ APPLICAZIONE DELLA DIATERMIA CAPACITIVO-RESISTIVA IN MEDICINA FISICA E RIABILITATIVA. MECCANISMI D'AZIONE
Abbazia di S. Nilo 6 MAGGIO 2010
- ✓ -Chair Sessione Internazionale 19 Novembre 2008 XXXVI Congresso Nazionale SIMFER Humana Fabrica Palazzo Dei Congressi , Rome, Italy November 16-20 2008.
- ✓ "Epidemiology of Injuries and Illnesses in America's Cup 2004/2007 Yacht Racing Sailing Team", G. Della Bella, A. Belli, C. Foti, 25th International Jerusalem Symposium on Sports Medicine-Israel, January 27-28, 2009
- ✓ "Tai chi chuan (TCC) Vs aerobic low impact exercise in the people with Parkinson disease : preliminary study", S.A. Cassarino, G.Della Bella, M. Salli, A. Lucaselli and C. Foti, 25th International Jerusalem Symposium on Sports Medicine-Israel, January 27-28, 2009
- ✓ "Falls and related injuries prevention in the elderly; an ancient innovative proposal coming from china: Tai chi chuan (TCC), G. Della Bella, S. A. Cassarino, M. Salli, A. Lucaselli , C. Foti, 25 th International Jerusalem Symposium on Sports Medicine-Israel, January 27-28, 2009
- ✓ Seminar "Cerebral Palsy Rehabilitation"-ICARS Project, June 5, 2008 Tor Vergata University, Rome, Italy.
- ✓ Ipertermia vs Trazione Lombare Attiva nel Trattamento del dolore lombare 20 Novembre Sessione Fisioterapia Strumentale XXXVI National Congress SIMFER Humana Fabrica Palazzo Dei Congressi Rome, Italy November 16-20, 2008
- ✓ L'Efficacia della TECAR Terapia nella Spalla Dolorosa dell'Emplegico XXXV Congresso Nazionale SIMFER, I Criteri di Appropriatezza In Medicina Riabilitativa, San Benedetto Del Tronto, Italy, October 10-13, 2007
- ✓ "Elettroterapia Antalgica Nel Trattamento Delle Gonalgie". XXXIV Congresso Nazionale. S.I.M.F.E.R. Firenze, 4-8 Giugno 2006,
- ✓ "Preliminary study on the effect of the vibratory therapeutic exercise of the non-union fracture", C.Ljoka, G. Della Bella, L. Carcelli, E. Maugeri, L. Giordani, C. Foti, Europa MedicoPhysica Vol 42 Suppl 1 to issue n°3 Sept 2006 p 105-106, 18-21 Ottobre 2006, 6th Mediterranean congress of PRM Villamoura, Algarve, Portugal

- ✓ Preliminary study on the effect of TECAR therapy on hemiplegic shoulder syndrome" Europa MedicoPhysica Vol 42 Suppl 1 to issue n°3, 18-21 Ottobre 2006, 6th Mediterranean congress of PRM Villamoura, Algarve, Portugal
- ✓ "Antalgic Electrostimulation In The Treatment of the Knee Degenerative Osteoarthritis; 3° World Congress of the ISPRM-Sao Paulo, Brazil, 10-14 April 2005

Poster presentations

- ✓ The effectiveness of therapeutic exercise vs plantar orthosis in child flatfoot , C.Paniccia, C. Damiani, C. Ciappetta, A. Berardi, L. Bestavashvili, C. Ljoka, C. Foti, G. Della Bella, 6th World Congress of the ISPRM-Istanbul, Turkey, June 2009, pp 233
- ✓ Case report: botulinum Toxin injection in people with spastic cerebral palsy by intrathecal baclofen pump, S.L. Rossetti, G. Della Bella, M. Tofanicchio, K. Simeoni, L. Giordani, C. Foti, 7th Mediterranean Congress of Physical and Rehabilitation Medicine, September 18-21 2008 Portoroz Slovenia
- ✓ Tecar-therapy in hemiplegic shoulder pain: a randomized single blind study, C. Damiani, G. Della Bella, L. Giordani, C. Foti, 7th Mediterranean Congress of Physical and Rehabilitation Medicine, September 18-21 2008 Portoroz Slovenia
- ✓ -"Efficacy Evaluation Of Treatment Of "Hemiplegic Shoulder Pain" With Capacitive And Resistive Energy Transfer Therapy 4th World Congress of the ISPRM-Seoul, Korea, June 10-14, 2007

partial list of scientific publications

- ✓ C.Foti, C.Cisari, S. Carda, N. Giordan, A. Rocco, A. Rocco, A. Frizziero, G. Della Bella, A Prospective observational study of the clinical efficacy and safety of intra-articular sodium hyaluronate in synovia joints with osteoarthritis
EUR J PHYS REHABIL MED 2011;47:407-15
- ✓ A.Belli, G. Della Bella, M.L. Mollo, C. Garcovich, C.Foti
Incidence of injuries and illnesses inn 32nd America's Cup Yacht Racing Med Sport 2010, 63.239-53
- ✓ Della Bella G. Magni E., Rossetti SL., "Disabilità Neurologiche e Sport", chapter 2 pag 221-233- in "La Medicina Riabilitativa"by Caruso I, Foti C. Editors. Società Editrice Universo 2009
- ✓ Foti C, Ljoka C, Della Bella G. chapter "Le Ortesi" in "Nuovo Trattato di Medicina Fisica e Riabilitazione Tecniche" by Valobra GN, Gatto R, Monticone M Editors.-Torino:UTET 2008
- ✓ C. Digito, M. Spagna, I. Sova, A. Battisti, T. Sciarra, A. Specchia, G. Della Bella, Le infiltrazioni ecoguidate nel Progetto Riabilitativo delle disabilità ortopediche, EUR MED PHYS 2006;42 (Suppl 1 to N°2):331-2

- ✓ C. Ljoka, A. Listrani, G. Della Bella, E. Magni, C. Foti, Mesoterapia antalgica e rachialgie, EUR MED PHYS 2006;42 (Suppl 1 to N°2): 1043-6
- ✓ Della Bella G. 2nd chapter of " Compendio di medicina riabilitativa" for motor sciences by C. Foti, Società Editrice Universo 2006
- ✓ New plantar orthosis with acoustic biofeedback in diabetic child affected by right hemiparesis, T. Sciarra, C. Ljoka, G. Della Bella, S. Mugnaini, C. Foti, oral presentation abstract published on Minimally Invasive Therapy Vol 14 N°4-5 2005 p.328

Rome (Italy), December 30th 2011

dott. Gessica Della Bella

